

# Mobil-IZE HIP

Hip brace with ice & compression

- Air Compression
- Reusable Cooling Packs
- Adjustable Motion Hinge
- Universal Fit for Left/ Right Hip



TRUMEDX

Please read fully before operating





# Mobil-IZE H I P

## Hip brace with ice & compression

### PRODUCT FEATURES:

- Lightweight and durable design
- Comfortable support, easy to use
- Universal size fits most hips
- Targeted cold and compression therapy for pain relief and swelling reduction
- Adjustable range of motion hinges
- Includes 2 reusable gel packs for up to 2 hours of cold therapy

### INSTRUCTIONS

- 1 Freeze the gel ice pack for 2+ hours, then place it in the hip brace.
- 2 Screw the bulb pump into the valve.
- 3 Adjust and attach the hinges (4 directions).
- 4 Wear the brace with the ice pack and hinges on your hip. Secure the long straps around your hip through the plastic ring.
- 5 Secure the short straps around your leg through the plastic ring.
- 6 Inflate the brace using the pump ("ON" to inflate, "OFF" to maintain).
- 7 Close the air valve, unscrew the bulb, and remove it. Or attach the pump to the hip wrap if not utilizing the compression feature.
- 8 To deflate, turn to "ON" position and allow air to release.



### INDICATIONS FOR USE

Provide essential support for the hip.

Accelerate recovery from total hip replacement, hip injuries, hamstring strains, sciatica pain, hip bursitis, and other surgical procedures;

Cold therapy can reduce swelling, blood flow and inflammation; Compression therapy can reduce blood flow and swelling.

### HINGE CUSTOMIZATION



The prescribing practitioner should determine the Range of Motion settings. Adjust the abduction/adduction set screw so the hinge is in a neutral position. Adjustment can be made by using the screwdriver to loosen the set screw directly below the ROM hinge. Once abduction/adduction has been set, tighten the screw securely. Adjust flexion/extension stops to prescribed settings. Adjustment can be made by using the screwdriver to loosen the set screw on the top of the ROM hinge. Once flexion/extension stops are set, tighten the screw securely. Additionally, the hinge can be removed if the brace is only used for cold compression therapy.

### STORAGE/ WORKING ENVIRONMENT

To avoid deformation and cracking, the product should be kept away from heat sources and stored in a cool and dry place.

### CLEANING AND MAINTENANCE

Soft fabrics can be cleaned with a damp cloth and a soft detergent to avoid acid corrosion.

### WARRANTY:

The product is guaranteed to be free from defects in materials and workmanship for 180 days from purchase.

### ORDER INFORMATION

1. Hip brace (Tru-X104) \*1 pc
2. Hip cold packs (Tru-CH104) \*2 pcs
3. Large hinge (Tru-LH104) \*1 pc
4. User manual (Tru-M104 Rev A) \*1 pc

MADE IN CHINA

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### CAUTION:

1. For single patient use only.
2. Never apply the ice pack directly on the skin. Always use the protective barrier
3. This wrap is supportive only and not guaranteed to prevent injury. The seller is not responsible for any injuries.
4. Consult your healthcare provider before use. Use under physician's guidance.
5. If you experience irritation, pain, swelling, or unusual reactions, consult your medical professional immediately.
6. Not sterile; avoid direct contact with wounds.
7. DO NOT OVER-INFLATE - Improper inflation can restrict circulation or cause injury.



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