

# TruBack

Lumbar Brace with Cryo Therapy

- **Universal Size with adjustable belt**
- **Customizable side panels for extra support**
- **Includes 2 cold packs**
- **Provides excellent spine coverage**





# TruBack

## FEATURES:

- Fits waist sizes from 37" to 58"
- Double-pull pulley system ensures balanced pressure and easy operation
- Reinforcement plate matches the waist's natural curve for stable support
- Detachable design allows for adjustment based on recovery needs

## INTRODUCTION

The TruBack provides stability and targeted compression designed to support the spine and surrounding muscles. It is indicated for back pain resulting from surgery or injury. Moveable, rigid side panels provide lateral support and a comfortable environment for healing. One size adjustable, the TruBack comfortably fits most individuals. The rear panel has a semi-rigid design that's flexible and contours to the shape of your lower back with ease. The TruBack limits motion and provides effective relief of pain of lumbar spine.

## INSTRUCTIONS

- 1 Put one gel pack in the refrigerator for at least 2 hours
- 2 Open the back brace and insert the cold ice pack to the inside of the main panel
- 3 Adjust both sides to fit your waist size, attach using fabric adhesive, accordion fold extra inside behind back
- 4 Center the main panel in the center of the lower back
- 5 Hold both side drawstring handles in front. Pull to desired fit and press to secure in place.



## IDEAL FOR

- External fixation of lumbar vertebrae bony injury and soft tissue injury;
- Auxiliary external fixation after lumbar spine internal fixation;
- External fixation of lumbar spine injury and soft tissue injury during rehabilitation period;
- Sports protection of chronic soft tissue disease and osteoarthopathy of lumbar spine.

The lateral panels are optional for additional support. If your physician has prescribed the lateral panels, attach them to the inside of the brace by securing them on either side of the main panel of lumbar spine.

## STORAGE/ WORKING ENVIRONMENT

The product should be kept away from the heat source to avoid deformation and cracking. It should be stored or used at cool and dry place.

## CLEANING AND MAINTENANCE

Soft fabrics can be cleaned with a damp cloth and a soft detergent to avoid acid corrosion.

## WARRANTY:

The product is guaranteed to be free from defects in materials and workmanship for 180 days from purchase.

## CAUTION:

1. For single patient use only.
2. Never apply the ice pack directly on the skin. Always use a protective barrier
3. This wrap is supportive only and not guaranteed to prevent injury. The seller is not responsible for any injuries.
4. Consult your healthcare provider before use. Use under physician's guidance.
5. If you experience irritation, pain, swelling, or unusual reactions, consult your medical professional immediately.
6. Not sterile; avoid direct contact with wounds.



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## ORDER INFORMATION

1. Lumbar Brace (Tru-U106) \*1 pc
2. Cryo Pack (Tru-CB106) \*2 pcs
3. User manual (Tru-M106 Rev A) \*1 pc

MADE IN CHINA

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